## **Aftercare Instructions Following Treatment with Fillers**

For 6 hours do not touch the treated area or apply make up.

For a week after treatment do not expose the treated area to intense heat (solarium,sunbathing,saunas,steam rooms) or to extreme cold.

Soon after treatment you might experience some redness,swelling,bruising,discomfort and itching of the treated area .

Redness and bruising can be cover with make after the initial 6 hours post treatment period.

Swelling will be easing with a clean cool pack applied to the treated area.